

DATE: July 25, 2022

TO: APTS Parents/Guardians, APTS Staff, Local Education Agency Representatives

FROM: APTS Executive Team

RE: Updates to COVID-19 Reopening Plan of Action

Based on guidance from the Virginia Department and of Health and our school nursing team, APTS has updated guidelines for COVID-19 quarantine and isolation:

Symptomatic persons (regardless of vaccination status) should begin isolation at home and undergo testing as recommended by their healthcare providers. The day symptoms began should be counted as day 0.

Persons who test positive (regardless of vaccination status) should isolate themselves at home for at least 5 days. If they are asymptomatic or symptoms are resolving and they have been fever-free for 24 hours, they may return to programming after Day 5, provided:

- Staff:
 - If the staff is able to mask, they should do so through Day 10.
 - If the staff is unable or unwilling to mask during this time, VDH recommends a negative test on or after Day 6 in order to return to programming OR the person should remain home through day 10. Testing should be done by a healthcare provider or school nurse.
- Students:
 - Due to variability in masking ability and compliance, the student is required to obtain negative test on or after Day 6 in order to return to programming OR the student should remain home through day 10. Testing should be done by a healthcare provider or school nurse.

For exposed but asymptomatic persons (regardless of vaccination status), quarantine is no longer recommended for the above settings. These individuals may continue to attend programming as long as they remain asymptomatic.

- Exposure is defined as being within 6 feet of a person who has COVID-19 for a total of 15 minutes or more over a 24-hour period or having direct contact with respiratory secretions from an infected person.
- Masks: Students/staff that attend programming during this time may consider wearing a mask around others indoors until Day 10.
- If a student or staff person in this group has ongoing household exposure to a person with COVID-19, VDH recommends students, families and staff consider more frequent testing.

Students will access learning virtually during any quarantine period, as health allows.

Testing locator information: <https://www.vdh.virginia.gov/coronavirus/protect-yourself/covid-19-testing/covid-19-testing-sites/>

If the school or facility is experiencing an outbreak of COVID-19 that has been difficult to control or is unusual in size or scope, regional and local epidemiologists may apply professional judgment and recommend traditional quarantine and isolation standards be applied until the situation is stabilized.

Additional details can be found in the APTS Reopening Plan of Action on the [APTS website](#).