

Vocational and Life Skills Lessons

For the At-Home Learner

1. Cooking! Following a recipe, gathering ingredients, and making your own food is an important life skill!
2. Mail Sort- Have your learner sort the mail by type or by who the recipient is!
3. Silverware Sort- Have your learner help out with dishes by putting away clean utensils and sorting them by type! (Disclaimer: We do not recommend learner's having access, especially unsupervised access, to cutlery of any kind and will not be held liable for any injuries that occur as a result of a voluntary decision to include cutlery as part of this activity – sorry we have to include that statement!)
4. Window Washing
5. Dusting
6. Vacuuming
7. Laundry: Sorting dirty or clean, following a sequence of steps to sort by color, wash, dry, fold, and put away the clothing
8. Pantry Organization by Type
9. Dirty or Clean Lesson with Dishes
10. Full or Empty Lesson with Dishwasher, Laundry machines, trash, etc.)
11. Set the Table
 - a. Match to sample: Create a paper cut out version of a table setting that your learner can place the items on top of (the plate on the big circle, the spoon over the spoon cutout, etc.)
 - b. With a Model: Set one place setting yourself and have your learner use it as a model to do the rest
 - c. Independent: Provide the materials and let them set it themselves!